



In - Office Joint Preservation,
Subchondral Bone Injections with Complete Biologics Training
An Interactive Hands-On Program

Date:	Saturday, May 4, 2024
Time:	8:00 am – 5:30 pm
Location	University of Puerto Rico – School of Medicine – Dr. José Celso Barbosa Drive, Puerto Rico Medical Center San Juan, 00921
Course Description	This comprehensive hands-on training emphasizes practical knowledge to improve patient care. The one-day program will have a focus on in office Intra-osseous injections for joint preservation, ultrasound-guided injections, patient procedures, and a cadaver workshop. Concise lectures with focus on hands-on – for a more purposeful program.

Faculty



Joseph Ruane, DO

Medical Director of the McConnell Heart Health Center
and Ohio Health Physician Group
Columbus, OH



Fernando Sepulveda-Irizarry, MD, CAQSM RMSK

Caribbean Institute of Sports Medicine & Rehab
Guaynabo, PR



Paul Tortland, DO, FAOASM, RMSK

Founder and Medical Director of the New England Stem Cell Institute
and Valley Sports Physician & Orthopedic Medicine
Glastonbury, CT



Jeff Chabot, PhD

MIT, Pfizer & Endocellutions, Boston MA

Course Learning Objectives:

Image guided injections:

- Target sites of injury using ultrasound
- Target bone edema using MRI and Fluoro

Intra-Osseous Injections

- What evidence supports the efficacy of IO injections
- Who is a candidate for IO – patient selection
- What joints respond to IO injection

Optimize the biologic to the clinical indication

- Prepare and Deliver High Dose, PRP, BMA and Adipose
- Understand the rationale for choosing between, PRP, Bone Marrow & Adipose

Practice Management

- Patient selection considerations
 - Best practices for post-treatment management of pain and common patient concerns
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Target Audiences:

Physicians and staff of appropriate disciplines, including Orthopedics – (Surgical & Non-Surgical), Pain Management, Physical Medicine and Rehabilitation Sport Medicine, and Interventional Radiology

Course Requirements:

This is an in-office joint preservation with a complete biologics program. Those ready to integrate these procedures into their practice and those who want additional training will benefit greatly

Tuition: \$975.00 – Includes Lunch & Evening Reception

Registration: <https://www.rmtinstitute.com/>

Information:

- **Sharon Bruneau**, Sharon@accbiologics.com – 407-230-3290
 - **Laura McGillicuddy**, laura.m@cervos.com – 617-515-0030
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Travel and Accommodations

Caribe Hilton – (Hilton Property) - www.caribehilton.com

1 San Geronimo Street.

San Juan, Puerto Rico 00901

+1 787-721-0303

Reservations: <https://book.passkey.com/e/50752644>

**Corporate link must be used to receive the Cervos Corporate rate.
(Booking with a 3rd party will not give you the corporate rates)**

Airport:

Luis Munoz Marin International Airport – Airport Rd. Carolina, Puerto Rico, 00979

Airport is approximately 7-to-12-minute ride to the Caribe Hilton.– suggested to take Uber